

Weekly Summary
July 17th – July 21st 2017

Participant: Nico N.
Therapist: Eli

Welcome to IDC, Nico!

Class Sessions

Nico walked into class ready to start the first classroom session. He was very active in playing Social Jenga. He answered the questions and waited his turn after his mom and his sister went. Nico decided to paint a dolphin in class and chose blue as his color of choice. The second day of class Nico finished his dolphin with stamps of letters to spell out his name. He added an eye for the finishing touch. Nico and his sister also did a shaving cream and food coloring activity to cover their photo board. Nico chose blue for his color. We also played UNO Dare in between art activities. Nico did a great job taking turns between everyone who was playing. Nico and his sister got along well throughout classroom session. The third class day, we did bubble paint on pillowcases. Nico had some trouble blowing out of the straw. He accidentally would suck in and get some of the bubbles in his mouth. We switched the color of the straw from pink to green which helped him blow bubbles more successfully. He and his sister played a game of Guess Who?. He and his sister also teamed up to make sea animals out of handprints and even some footprints. Grandparents and parents were also included in these activities. Nico painted his mom and grandfather's hand for animal prints. On the fourth day of class, the whole family finished their pillowcases with details on the animals. Nico took turns with each family member to add the eyes, fins and other body parts. Nico was concentrated and focused during this activity which took up the whole class. He was patient with adding the details with the puffy paint. The therapist also suggested he paint his cast since it is coming off in the following days. Nico painted sea animal stamps white to put on his blue cast. His sister also painted one of the stamps for him to put on his cast. He was also had great eye gaze when saying hello to everyone in the room with high fives.

Second week of therapy, Nico was excited to walk into the classroom and start the day. He showed great concentration and focus while working on his sand art activity. He was careful to make sure the layers all stayed separate. After the sand art activity, Nico and his sister played Guess Who?. Nico came into the class on the sixth session and said hello to everyone. Nico finished his sand art practicing saying his colors in English while the helping intern said them in German. Nico and his sister then made playdough picture frames for his grandparents and his parents. Nico did not like the feel of the sticky playdough at first, but when it was more solidified he was content to touch it. After the frames were made and decorated with shells, Nico used toys to play with the remaining playdough. On the seventh session of class, we all played Headbandz. Nico gave helpful clues to everyone to assist them in guessing what was on their card. After the game with the family, Nico worked on a tie-dye spray bag. He picked out letters for all of the names of people in his family so they were represented on the bag. He then picked out a shark and dolphin sticker. He sprayed lots of different colors on the bag despite the bottles

being difficult to spray. In the eighth session, we played a quick game of Headbandz and then played a game of Jenga. We also finished the photo board that they had made earlier. Nico made sure the pictures fit where he wanted them before he glued them down. He made sure to include pictures of everyone in the family on the board.

Swim Sessions

Nico had a successful and enjoyable swim with Lotus. He was next to his sister so they were able to share dolphins at times. They interacted well all together- they held the water pole while the dolphins did jumps and even had a ride on the board together with the therapist. He had a smile on his face throughout the whole session. The second day, Nico also swam with Lotus. His favorite ride was being pushed by Lotus while on the boogie board. He enjoyed going fast. Lotus did a lot of belly rubs, jumps and bubbles as those are interactions that Nico enjoys. Nico's parents were also able to participate in some interactions while on the dock including back rubs and kisses with Nico and his sister. Nico swam with Grace in his third swim session. He and his sister raced on the boogie boards and even did a ride together with one of the therapists on the board. Nico successfully said things in English to the dolphin and the trainers after the session such as "thank you". Today, Nico swam with Squirt for the final swim session. He enjoyed "driving" the boogie board around. He asked for toys from the interns and therapist using English. Nico seems to enjoy going fast on the rides that the dolphins give him. The family also was able to do some activities together. Nico said "thank you"s and gave high fives at the end of the swim session. Thank you for a great week, Nico! ☺

Second week of therapy started out with a water session on the lift with Squirt. Nico liked the dorsal rides and the superman ride on the boogie board. Mom and Dad also participated on the lift and did a family foot rub and a wave with Squirt. Nico had some difficulties maintaining a hold onto Squirt for some of the rides today. Nico was with Squirt again for the sixth swim session. He still enjoys going fast on the board and "singing and dancing" with Squirt. For the seventh water session, Nico was with Squirt. He still enjoys the boogie board and "singing and dancing". He said "thank you" to Squirt and the trainer after a lot of the activities done with Squirt. For the seventh session in the water, Nico worked with Squirt and sometimes with Fiji. He enjoyed the high jumps and Squirt's laugh. He and his sister held the pole while the dolphins jumped over it. Nico also got into a splash fight with Squirt at the end.